


Massage Therapy

Ontario College Advanced Diploma | 3 years
Davis Campus (Brampton)



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**The fastest path towards becoming a
Registered Massage Therapist.**

The fastest way to become an RMT

Earn your advanced diploma in as little as two years! This accelerated program can be completed in six consecutive semesters, preparing you to write the College of Massage Therapists of Ontario (CMTO) examination and become qualified as a Registered Massage Therapist (RMT). If you already have a degree in athletic therapy, kinesiology or osteopathy, you can complete this program even quicker.

Theory and hands-on learning

Learn to help others manage pain, increase mobility and improve quality of life. You'll study various theoretical and practical areas of massage therapy, including functional anatomy, pathology and a wide range of massage applications and techniques. You'll then work with real-world patients, completing 330 supervised hours in our on-campus clinic and another 320 hours during field placements.

Learn how to operate your own business

Study and practice skills in clinical and orthopedic assessment, therapeutic relationships, health history and charting. This program also develops expertise in core business areas such as customer relationship management, marketing, sales and financial management, preparing you for self-employment or to operate your own clinic.

Career opportunities

As Canada's population continues to age, there's a growing demand for massage therapy to manage chronic illness and pain. After completing this program, you'll be prepared to assist patients in a variety of settings.

You might find roles in areas such as:

- Hospitals
- Private massage therapy clinics
- Rehabilitation centres
- Sports teams
- Athletic therapy clinics
- Spas
- Wellness resorts

Courses

Some of the courses you can expect to take in your program

- Human Physiology
- Nutrition
- Neurology
- Hydrotherapy
- Clinical Assessment
- Clinical Practice

Admission requirements

Program eligibility

Ontario Secondary School Diploma or equivalent, including these required courses:

- One English, Grade 12 (ENG4C or ENG4U)
- plus
- Biology, Grade 11 or 12 (C or U)
 - Grade 12 Introductory Kinesiology (PSK4U) and/or Exercise Science (PSE4U) or equivalent recommended.

or

Mature student status.

Applicant selection

Eligible applicants are selected based on academic achievement, using the average GPA of their six highest grades, including the required courses listed above.

Applicants who do not meet the admission requirements for this program may be advised individually regarding other related programs.

English language proficiency

All applicants whose first language is not English must meet Sheridan's English proficiency requirements.

Clinical placement requirements

Students will be required to provide additional documentation directly to their field placement before the start of the placement and at their own expense. Sheridan field placement agencies may require a police record check for criminal offences, a vulnerable sector check and/or a current acceptable record of immunization.

Pathways

Applicants who do not possess the necessary admission requirements for the Massage Therapy program may wish to apply for the Pre-Health Sciences – Pathway to Advanced Diplomas and Degrees program.

Refer to the website for full admission requirements.

How to apply:

5 easy steps

- 1 Find your program
- 2 Check the admission requirements
- 3 Apply online
- 4 Submit your documentation
- 5 Accept your offer

Ready to get started?

sheridancollege.ca/apply



International students

Find out more about...

- Post-graduation work permit (PGWP) eligibility
- Admission requirements
- English language proficiency requirements
- Fees and financial aid
- Provincial Attestation Letters (PALs)

sheridancollege.ca/international