Sheridan

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Clinical Kinesiology

Ontario College Graduate Certificate | 1 year | Field Placement
Davis Campus (Brampton)



Get experience applying kinesiology skills in a clinical environment.

More than 700 hours of practical experience

It takes more than lectures and textbooks to prepare you to work with real-life clients. Apply knowledge acquired from your kinesiology degree in a clinical environment through a blend of problem-based learning and supervised placements. When you graduate, you'll be armed with 728 hours of hands-on experience — more than you'll get in any other kinesiology program in Ontario.

Position yourself and your clients for success

Every client is different, presenting unique challenges that require unique solutions. Learn how to plan, implement and evaluate programs that are customized to meet their complex needs, grounded in coaching and communication strategies that build confidence and keep them motivated. You'll also develop the skills needed to run your own clinic in a sustainable, ethical and professional manner.

Be supported by exercise science experts

Professors in this program also teach in Sheridan's kinesiology degree and have real-world experience working with clients in many capacities — including clinical exercise rehab, chronic disease prevention and management, injury rehab, high performance, and strength and conditioning. They will closely guide you through problem-based curriculum specifically designed for clinical professionals.

Career opportunities

As a graduate of Sheridan's Clinical Kinesiology graduate certificate program, you'll be job-ready to apply your kinesiology expertise in a variety of hands-on roles.

Potential career opportunities include:

- Kinesiologist
- Clinical Exercise Physiologist
- Exercise Therapist
- Chronic Disease Management Specialist
- High Performance Coach
- Strength and Conditioning Coach
- Exercise Scientist
- Fitness Specialist

Courses

Some of the courses you can expect to take in your program

- Kinesiology Professional Practice
- Principles of Kinesiology
- Advanced Physical Assessment
- Kinesiology Integrative Practice
- Kinesiology Business/Entrepreneurship
- Field Placement

Fees

Fees displayed are for the first 2 academic semesters and include tuition, health insurance and ancillary charges. These are estimates only; subject to change. See website for details.

For Canadian students

- $7,505.24 CAD

For international students

- $18,830.37 CAD

How to apply:

5 easy steps

1. Find your program
2. Check the admission requirements
3. Apply online
4. Submit your documentation
5. Accept your offer

Ready to get started?

sheridancollege.ca/apply



International students

Find out more about...

- Post-graduation work permit (PGWP) eligibility
- Admission requirements
- English language proficiency requirements
- Fees and financial aid
- Provincial Attestation Letters (PALs)

sheridancollege.ca/international

Admission requirements

Program eligibility

- Postsecondary 4-year Honours Baccalaureate Degree in kinesiology, human kinetics or physical education with a minimum GPA of 65%

OR

- Postsecondary 4-year Honours Baccalaureate Degree with a minimum GPA of 65% in a related field with completion of the following undergraduate-level courses: two courses in human physiology (one focusing on exercise physiology); one course in statistics; one course in nutrition; and one course in human anatomy.

Applicant selection

Applicants who do not meet the admission requirements for this program may be advised individually regarding other related programs.

English language proficiency

All applicants whose first language is not English must meet Sheridan's English proficiency requirements.

Refer to the website for full admission requirements.