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Child and Youth Care

Ontario College Advanced Diploma | 3 years
Davis Campus (Brampton) / Trafalgar Road Campus (Oakville)



Empower young people, families and communities to rise above life's challenges.

Exceptional educators, innovative learning

Learn the latest child and youth care theory and techniques from professors who have recently worked in the field. They'll teach you how to develop and implement a range of skills and strategies to engage and empower young people — all of them based on a foundational understanding of children's rights, diversity, human development, trauma-informed and healing-centred practices.

Things you'll learn to do

- Develop and maintain strong relationships with children, youth and families.
- Create individualized care and intervention plans.
- Use equitable, inclusive and anti-oppressive methods in all interactions.
- Advocate for the rights and needs of individuals and families.
- Employ crisis prevention and intervention techniques.
- Ensure safety and resolve conflicts through restorative approaches.

Hands-on experience

You'll complete two meaningful field practicums in different child and youth servicing areas of your choice. Sheridan partners with programs in youth justice, schools, hospitals, community mental health and live-in care. You'll spend three days per week in the field and two days on related coursework to support your practical experience and enhance your knowledge.

Career Opportunities

When you graduate from Sheridan's Child and Youth Care program, you'll be ready to begin a rewarding career in this field.

HERE ARE SOME PLACES YOU MIGHT WORK:

Community agencies

Hospitals

Youth justice programs

Emergency and transitional housing

Schools

Out of home care, such as group homes and foster homes

Courses

SOME OF THE COURSES YOU CAN EXPECT TO TAKE IN YOUR PROGRAM

Creative Therapeutic Programming

Relational Practice in the Life Space

Anti-Oppression and Equity in Child and Youth Care Relational Practice

Introduction to Trauma-informed Practice

Restorative Practices in Child and Youth Care

Mental Wellness in Child and Youth Care Practice

Admission Requirements

Program Eligibility

Ontario Secondary School Diploma or equivalent, including these required courses:

- One English, Grade 12 (ENG4C or ENG4U)

or

Mature student status.

Applicant Selection

Eligible applicants will be selected on the basis of their previous academic achievement (the average of their six highest senior-level credits, including required courses).

Applicants who do not meet the admission requirements for this program may be advised individually regarding other related programs.

Preparation for Application

Prospective students are advised to speak to employers in group homes, mental health settings, and the education system. Volunteer and/or part-time employment with children and youth is highly encouraged.

Field placement requirements

Students may be required to provide additional documentation (such as criminal record checks and immunization records) directly to their field placement before the start of the placement and at their own expense. View Field Placement details for more information.

English Language Proficiency

All applicants whose first language is not English must meet Sheridan's English proficiency requirements.

Refer to the website for full admission requirements.

How to apply:

5 easy steps

- 1 Find your program
- 2 Check the admission requirements
- 3 Apply online
- 4 Submit your documentation
- 5 Accept your offer

Ready to get started?

sheridancollege.ca/apply



Visit us!

Come say hello and get a feel for your future! We offer:

- Campus tours (in-person & virtual)
- Open Houses in the Spring and Fall
- Weekly webinars
- Career Advising Workshops



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